

## Golf Coaching & Training Services 2025

<b>Private Coaching Lessons:</b>	<b>PGA Trainee</b>	<b>PGA Qualified</b>
Private Session (30 Mins)	R520	R550
4 Lesson Package (4 x 30 Mins)	R1, 970	R2, 070
8 Lesson Package (8 x 30 Mins)	R3, 850	R4, 030
9-holes Course Strategy Session	R2, 100	R2, 200
Total Golf Evaluation	R1, 050	R1, 160
Flightscope Lesson / Testing Session (60 Mins)	R1, 320	R1, 400
<b>Group Sessions:</b>		
Intro to Golf Beginner Course (6 x 1 hr sessions. Minimum. of 3 People)	R999 (p/p)	R999 (p/p)
Flightscope Social Experience (2 to 4 Players. Incl. Drinks for 60 Mins)	R1, 350 (p/p)	R1, 500 (p/p)
<b>BSI Kids:</b>		
Private Session – Under 12 (30 Mins)	R370	R440
4 Lesson Private Package (4 x 30 Mins)	R1, 430	R1, 680
8 Lesson Private Package (8 x 30 Mins)	R2, 850	R3, 250
Kids Group Coaching (Weekly Sessions)	R650 per player / per month	
<b>Evaluations:</b>		
<b>Swing Evaluation</b> (90 Mins) <i>Incl. Radar &amp; 3D Data Capture, Skills Testing &amp; Technical Analysis</i>	R1, 750	
<b>Short Game Evaluation</b> (60 Mins) <i>Incl. Putting, Chipping, Bunkers &amp; Pitching; Skills &amp; Technical Assessments</i>	R1, 260	
<b>Complete Golf Evaluation</b> (Half Day) <i>Complete Package of Swing, Short Game &amp; Fitness Evaluations</i>	R3, 950	
<b>Performance Audit &amp; Gap Analysis</b> <i>Analysis of Competitive Statistics, Consultation &amp; Recommendations</i>	R1, 260	
<b>2025 Fitness Sessions (Individual Sessions)</b>		
Fitness Assessment & Training Program	<b>Sports Scientist</b>	
1 session (45 Minutes)	R1, 500	
5 sessions	R680	
10 sessions	R3, 200	
10 sessions	R6, 200	
<b>2025 Mental Coaching (Individual Sessions)</b>		
1 session (45 Minutes)	<b>Mental Coach</b>	
5 sessions	R950	
10 sessions	R4, 500	
10 sessions	R7, 700	

All coaches are BSI Golf Certified  
All prices inclusive of VAT and **exclude golf balls**  
Sessions take place at Huddle Park (Linksfeld)