

Golf Coaching & Training Services 2024

Private Coaching Lessons:	PGA Trainee	PGA Qualified
Private Session (30 Mins)	R495	R520
4 Lesson Package (4 x 30 Mins)	R1, 875	R1, 970
8 Lesson Package (8 x 30 Mins)	R3, 650	R3, 830
9-holes Course Strategy Session	R1, 995	R2, 100
Total Golf Evaluation	R1, 000	R1, 100
Flightscope Lesson / Testing Session (60 Mins)	R1, 250	R1, 325
Group Sessions:		
Intro to Golf Beginner Course (6 x 1 hr sessions. Min. of 3 People)	R999 (p/p)	R999 (p/p)
Flightscope Social Experience (2 to 4 Players. Incl. Drinks for 60 Mins)	R1, 350	R1, 350
BSI Kids:		
Private Session – Under 12 (30 Mins)	R350	R420
4 Lesson Private Package (4 x 30 Mins)	R1, 360	R1, 595
8 Lesson Private Package (8 x 30 Mins)	R2, 700	R3, 095
Kids Group Coaching (Weekly Sessions)	R600 per player / per month	
Evaluations:		
Swing Evaluation (90 Mins) <i>Incl. Radar & 3D Data Capture, Skills Testing & Technical Analysis</i>	R1, 650	
Short Game Evaluation (60 Mins) <i>Incl. Putting, Chipping, Bunkers & Pitching; Skills & Technical Assessments</i>	R1, 200	
Complete Golf Evaluation (Half Day) <i>Complete Package of Swing, Short Game & Fitness Evaluations</i>	R3, 750	
Performance Audit & Gap Analysis <i>Analysis of Competitive Statistics, Consultation & Recommendations</i>	R1, 200	
Fitness Sessions (Individual Sessions)		
	Sports Scientist	
Fitness Assessment & Training Program	R1, 300	
1 session (45 Minutes)	R630	
5 sessions	R3, 100	
10 sessions	R5, 600	
Mental Coaching (Individual Sessions)		
	Mental Coach	
1 session (45 Minutes)	R860	
5 sessions	R4, 100	
10 sessions	R7, 100	

All coaches are BSI Golf Certified
All prices inclusive of VAT and **exclude golf balls**
Sessions take place at Huddle Park (Linksfeld)