

Golf Coaching & Training Services 2023

Private Coaching Lessons:	PGA Trainee	PGA Qualified
Private Session (30 Mins)	R400	R495
4 Lesson Package (4 x 30 Mins)	R1, 525	R1, 875
8 Lesson Package (8 x 30 Mins)	R2, 945	R3, 650
9-holes Course Strategy Session	R1, 600	R1, 995
Total Golf Evaluation	R800	R1, 000
Flightscope Lesson / Testing Session (60 Mins)	R1, 000	R1, 250
Group Sessions:		
Intro to Golf Beginner Course (6 x 1 hr sessions. Min. of 3 People)	R999 (p/p)	R999 (p/p)
Flightscope Social Experience (2 to 4 Players. Incl. Drinks for 60 Mins)	R1, 250	R1, 250
BSI Kids:		
Private Session – Under 12 (30 Mins)	R340	R400
4 Lesson Private Package (4 x 30 Mins)	R1, 295	R1, 520
8 Lesson Private Package (8 x 30 Mins)	R2, 575	R2, 945
Kids Group Coaching (Weekly Sessions)	R1, 495 / Quarter	N / A
Evaluations:		
Swing Evaluation (90 Mins) <i>Incl. Radar & 3D Data Capture, Skills Testing & Technical Analysis</i>		R1, 500
Short Game Evaluation (60 Mins) <i>Incl. Putting, Chipping, Bunkers & Pitching; Skills & Technical Assessments</i>		R1, 000
Complete Golf Evaluation (Half Day) <i>Complete Package of Swing, Short Game & Fitness Evaluations</i>		R3, 500
Performance Audit & Gap Analysis <i>Analysis of Competitive Statistics, Consultation & Recommendations</i>		R1, 000
Fitness Sessions (Individual Sessions)		
	Sports Scientist (Renee Gomes Da Silva)	
Fitness Assessment & Training Program		R1, 200
1 session (45 Minutes)		R600
5 sessions		R2, 890
10 sessions		R5, 335
Mental Coaching (Individual Sessions)		
	Mental Coach (Mark Fairbank)	
1 session (45 Minutes)		R820
5 sessions		R3, 900
10 sessions		R6, 800

All coaches are BSI Golf Certified
All prices inclusive of VAT and **exclude golf balls**
Sessions take place at Huddle Park (Linksfield)