



## Junior Golf Academy



### What BSI Parents say:

**"The best move we ever made" ~ Monay Pretorius**

*I consider myself very fortunate that we found BSI and are very pleased with the development of Linda and Konstantin. Thank you so much for the contribution of you and your staff" ~ Markus Stamm*

*"We thank the BSI team for the exposure and support in Yurav's development over the last 2 years." ~ Raakesh Premllal*

## Junior Golf Academy



### Our Purpose

To provide an environment of excellence that encourages the development of each and every student to his or her full potential, in sports performance, education and personal development.

To be a hotbed of talent development. To train and produce champions. To develop leaders and positive contributors to society.

### Training Philosophy

We are dedicated to creating the ultimate environment for developing talented young golfers. Our training philosophy takes a holistic view of golf performance and incorporates all aspects that are essential for peak performance:

- ✓ Skills Development
- ✓ Swing Technique / Shot-making
- ✓ Short Game & Putting
- ✓ Mental Conditioning
- ✓ Golf Fitness
- ✓ Strategy

### Discipline Policy & BSI Golf Ethos

BSI Golf provides a nurturing, disciplined environment. A strict code of conduct is enforced to ensure that all students conduct themselves in a professional manner and to encourage an environment of learning for all.

Character development is a key goal, encouraging strong work ethic, responsibility, perseverance, and openness to learning amongst other traits. Absenteeism is reported to parents immediately.

### Personalised Development

Players undergo a thorough evaluation process in all areas to identify core areas of strength and weakness before a personal programme is initiated. An ongoing process of evaluation and training continues, using oncourse performance as the major criteria.

### Expertise

BSI Golf employs a comprehensive team of experts to help students with their performance development. All BSI Golf coaches are highly trained through the PGA system.

### Facilities

All training activities take place at the BSI Golf Academy at Huddle Park, including golf training, classwork, fitness and mental training, Par 3 Course and unlimited practice balls during the schedule.

On-course activities take place at both Royal Johannesburg & Kensington GC and Huddle Park. The students become members of both clubs, enjoying unlimited pre-paid rounds.



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### Program Description

A full-time program for school Grades 7 - 12, where learners combine intensive high-performance golf training with quality education. Students study the international Cambridge system and/or American GED curriculum (Available for higher grades) in the BSI International Study Centre alongside athletes from many other sports.

### Academics

Our academics is modern and flexible, utilizing an online learner management system and private tutoring on-call. This unique approach **provides excellent individualised academic support**, whilst giving young golfers flexibility to adapt their study time around their tournament schedule. This style of education is becoming more popular for talented young sports athletes. **Each student works at their own pace**, based on a weekly work plan in each subject. The BSI Sports Study Centre is fully supervised, and each student is allocated an Academic Guide to manage their progress. **This takes the stress out of the distance learning model for parents.**

The students split their days between the classroom, the range, the gym and the golf course.

### Performance Training

**Technical Training** - Players receive world class coaching from a team of PGA Coaches. Full use is made of the latest coaching technology and training aids to accelerate the improvement

process. Training is skill based, with technical interventions where required.

**Golf Fitness** - Students receive regular group and individual training in golf fitness and physical literacy. The focus of the training is to create mobility, stability, speed and power to ensure maximum efficiency for the golf swing and to prevent injuries.

**Mental Conditioning** – Students receive weekly mental conditioning sessions in a group format with our resident Mental Coach, as well as some private sessions. Extra sessions are available at additional cost.

**Tournaments** - BSI Golf students compete in weekly strokeplay tournaments and multi-round championships, which form the basis of an Order of Merit. All key statistics are analysed to help form the student's development plan. Students are also expected to compete in local and national tournaments.

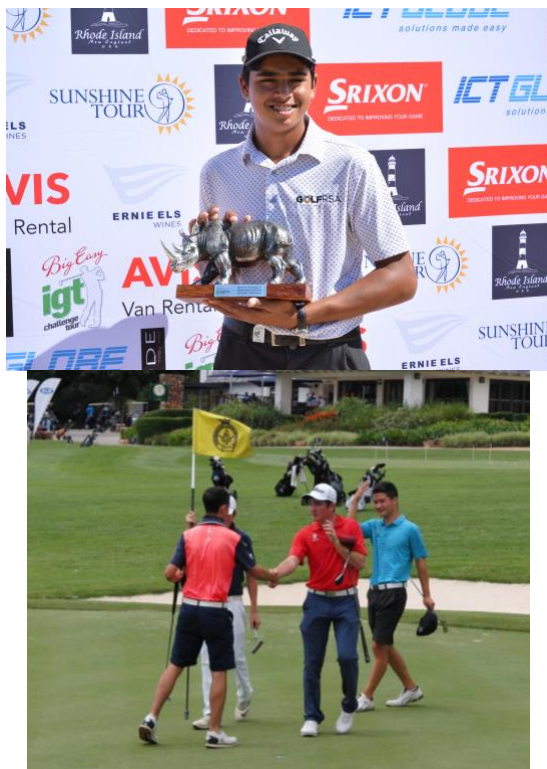
### Success Stories

Amongst other successes, we trained the only **US Kids Golf World Champion** from South Africa to date, the **youngest player ever to qualify for the SA Open**, and the **3<sup>rd</sup> youngest player to win an official world ranking professional event**. Many BSI students have gone on to achieve playing privileges on the Sunshine Tour and international tours.

BSI has **won multiple high school team championships** and trains some of the top young golfers from South Africa and beyond.

Through our affiliate partners we open up **scholarships opportunities to college in USA.**

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### Who Should Apply?

Talented junior golfers who wish to devote more time to their golf, in a **disciplined, nurturing, high performance environment** to help them to achieve their dreams of a **successful playing career** or a **scholarship to US College**, while receiving a quality international education.

Players who wish to give themselves that extra edge over the competition that can make the difference between success and failure.

### Enrolment Requirements

- Successful completion of the previous school grade.
- A passion and a talent for golf. Lower handicaps are given preference.

All applicants must undergo an interview and game evaluation.

R750 for Application, Interview & Golf Assessment Fee payable.

### Application Form

All applicants must complete an application form, which is available on request, or can be downloaded from the BSI Golf website.

### Boarding House

The BSI Golf Boarding Facility is located just 6km from the academy, in the leafy suburb of Eastleigh Ridge, close to the Greenstone Mall. Single and shared room are available on a first come basis. Transportation and meal options are also provided. All options include cleaning services, laundry, uncapped Wi-Fi, DSTV, and use of swimming pool and games areas. See Boarding House brochure for details.

### Information Sources

Website:

[www.bsisports.com](http://www.bsisports.com)

### Weekly e-Newsletter

BSI publishes an email newsletter, containing news and result. Subscribe on the BSI website.

### Facebook, Instagram & Twitter

Sign up at our Facebook and Twitter pages, both under the names **BSI Golf** and **Balderstone Sports Institute**, and Instagram **@bsi\_golf** and **@balderstone\_sports\_institute**

### Contact Details

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