

## Golf Coaching & Training Services 2022

<b>Private Coaching Lessons:</b>	<b>PGA Trainee</b>	<b>PGA Qualified</b>
Private Session (30 Mins)	R400	R495
4 Lesson Package (4 x 30 Mins)	R1, 525	R1, 875
8 Lesson Package (8 x 30 Mins)	R2, 945	R3, 650
9-holes Course Strategy Session	R1, 600	R1, 995
Flightscope Lesson / Testing Session (60 Mins)	R1, 000	R1, 250
<b>Group Sessions:</b>		
Intro to Golf Beginner Course (6 x 1 hr sessions. Min. of 3 People)	R999 (p/p)	R999 (p/p)
Flightscope Social Experience (2 to 4 Players. Incl. Drinks for 60 Mins)	R1, 250	R1, 250
<b>BSI Kids:</b>		
Private Session – Under 12 (30 Mins)	R340	R400
4 Lesson Private Package (4 x 30 Mins)	R1, 295	R1, 520
8 Lesson Private Package (8 x 30 Mins)	R2, 575	R2, 945
Kids Group Coaching (Weekly Sessions)	R1, 495 / Quarter	N / A
<b>Evaluations:</b>		
<b>Swing Evaluation</b> (90 Mins) <i>Incl. Radar &amp; 3D Data Capture, Skills Testing &amp; Technical Analysis</i>		R1, 500
<b>Short Game Evaluation</b> (60 Mins) <i>Incl. Putting, Chipping, Bunkers &amp; Pitching; Skills &amp; Technical Assessments</i>		R1, 000
<b>Complete Golf Evaluation</b> (Half Day) <i>Complete Package of Swing, Short Game &amp; Fitness Evaluations</i>		R3, 500
<b>Performance Audit &amp; Gap Analysis</b> <i>Analysis of Competitive Statistics, Consultation &amp; Recommendations</i>		R1, 000
<b>Fitness Sessions (Individual Sessions)</b>		
<b>Sports Scientist (Renee Reinecke)</b>		
Fitness Assessment & Training Programme		R1, 095
1 session (45 Minutes)		R545
5 sessions		R2, 625
10 sessions		R4, 850
<b>Mental Coaching (Individual Sessions)</b>		
<b>Mental Coach (Mark Fairbank)</b>		
1 session (45 Minutes)		R760
5 sessions		R3, 550
10 sessions		R6, 100

All coaches are BSI Golf Certified  
All prices inclusive of VAT and **exclude golf balls**  
Sessions take place at Huddle Park (Linksfield)