

BSI Golf Academy Coaching & Training 2020

Private Coaching Lessons:	PGA Trainee	PGA Qualified
Private Session (30 mins)	R400	R495
4 Lesson Package (4 x 30 mins)	R1, 525	R1, 875
8 Lesson Package (8 x 30 mins)	R2, 945	R3, 650
9-holes Course Strategy Session	R1, 600	R1, 995
Flightscope Lesson / Testing Session (60 mins)	R1, 000	R1, 000
Evaluations:		
Swing Evaluation (90 mins) <i>Incl. Radar & 3D Data Capture, Skills Testing & Technical Analysis</i>		R1,500
Short Game Evaluation (60 mins) <i>Incl. Putting, Chipping, Bunkers & Pitching; Skills & Technical Assessments</i>		R1,000
Complete Golf Evaluation (Half Day) <i>Complete Package of Swing, Short Game & Fitness Evaluations</i>		R3,500
Performance Audit & Gap Analysis <i>Analysis of Competitive Statistics, Consultation & Recommendations</i>		R1,000
Group Sessions:		
Intro to Golf Beginner Course (6 x 1 hr sessions. Min of 3 People)	R999 (P/P)	R999 (P/P)
Flightscope Social Experience (2 to 4 Players. Incl. Drinks)	R1,200	R1,200
BSI Kids:		
Private Session – Under 12 (30 mins)	R340	R400
4 Lesson Private Package (4 x 30 mins)	R1, 295	R1, 520
8 Lesson Private Package (8 x 30 mins)	R2, 575	R2, 945
Kids Group Coaching (Weekly Sessions)	R1,475/Quarter	N / A
Fitness Sessions: Individual Sessions		Sports Scientist Renee Reinecke
Fitness Assessment & Training Programme		R975
1 session (45 minutes)		R460
4 sessions		R1, 750
8 sessions		R3, 395
Mental Coaching: Individual Sessions		Mental Coach Mark Fairbank
1 session (45 minutes)		R640
5 sessions		R2, 900
10 sessions		R5, 695
Academy Programs: (For competitive players)		Performance Academy
Academy Program Option 1 (Full-Time Training)		R98, 300/ Year
Academy Program Option 2 (Custom-Made)		POA

All coaches are BSI Golf Certified
All prices inclusive of VAT and **exclude balls**
Sessions take place at Huddle Park